

OMANUT: L'DOR V'DOR

An Intergenerational Exploration
of Jewish Arts & Culture
with Kol HaNeshamah

WINTER & SPRING 2020

January 12 STORY TELLING; TORAH AND HEBREW CALLIGRAPHY

Merna Ann Hecht

- ✧ Hear a story from a professional storyteller
- ✧ Learn the components of creating and telling a story
- ✧ Share a meaningful story from your own family experience
- ✧ Create and illustrate a *Sefer Mishpacha* – a Family Scroll
- ✧ Create a *wimpel* – which is a fabric band to wrap and tie the scroll
- ✧ Decorate your *wimpel* with your family name in Hebrew (with the help of a Hebrew calligrapher)

February 9 VISUAL ARTS: TU B'SHVAT: CELEBRATING CREATION

Rainer Waldman Adkins

- ✧ See examples of how artists have woven aspects of the Jewish identity into their creations
- ✧ Examine samples of artistic works such as *Mizrach*, a wall hanging placed on the eastern wall of the home as a reminder of the direction in which to pray and *Shiviti*, a visual representation of Psalm 8:6 which is a tool for focusing attention
- ✧ Learn the art of micrography, microscopic writing of sacred texts
- ✧ Using the theme of *Tu B'shvat*, the Birthday of the Trees, as an inspiration, create your own creative versions of some of these traditional art forms.

March 15 JEWISH COOKING

Sally Sweet

- ✧ Led by an expert cook, learn locations and cultures that have contributed to Jewish food traditions
- ✧ Sample Jewish food from around the world: Middle Eastern, Mediterranean, Spanish, Moroccan, German, Eastern European, and more
- ✧ Learn to make several Passover dishes
- ✧ Create and take home a recipe book

April 26 JEWISH MUSIC AND DANCE

WENDY MARCUS

- ✧ Learn examples of different kinds of Jewish music
- ✧ Bring your instruments to accompany the singers.
- ✧ Learn Israeli folk dances
- ✧ The performances will be videotaped so that they can be practiced and shared at home.

May 31 JUDAISM AND THE FIBER ARTS: CHALLAH COVERS

- ✧ Learn about the Biblical history of fiber arts
- ✧ See examples of various fiber art creations
- ✧ Make a cover for your Challah and Matzah, using the techniques of applique and silk painting

June 14 HIDDUR HAMITZVAH: TZEDAKAH BOXES, SPICE BOXES

Rainer Waldman Adkins

- ✧ Learn the concept of *Hiddur HaMitzvah* – beautification of the mitzvah
- ✧ See examples of Tzedakah Boxes and Spice Boxes from throughout Jewish history
- ✧ Create a beautiful Tzedakah Box or Spice Box to take home



FREE & OPEN to the Community
Sundays 2:00-3:30pm

at Kol HaNeshamah in West Seattle
KHNSeattle.org



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